

# Three steps to better health literacy

**Step 1**  
Find out what  
people know

**Step 2**  
Build health  
literacy skills and  
knowledge

**Step 3**  
Check you were  
clear (and, if not,  
go back to  
Step 2)



HEALTH QUALITY & SAFETY  
COMMISSION NEW ZEALAND  
*Kupu Taurangi Hauora o Aotearoa*

New Zealand Government

 **Workbase**  
Leading health literacy