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| **Acceptance** | **Adventure** |
| **Assertiveness** | **Authenticity** |
| **Beauty** | **Caring** |
| **Challenge** | **Compassion** |
| **Connection** | **Contribution** |
| **Conformity** | **Cooperation** |

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| **Courage** | **Creativity** |
| **Curiosity** | **Encouragement** |
| **Equality** | **Excitement** |
| **Fairness** | **Fitness** |
| **Flexibility** | **Freedom** |
| **Friendliness** | **Forgiveness** |
| **Fun** | **Generosity** |
| **Gratitude** | **Honesty** |
| **Humour** | **Humility** |
| **Industry** | **Independence** |
| **Intimacy** | **Justice** |
| **Kindness** | **Love** |

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| **Mindfulness** | **Order** |
| **Open-mindedness** | **Patience** |
| **Persistence** | **Pleasure** |
| **Power** | **Reciprocity** |
| **Respect** | **Responsibility** |
| **Romance** | **Safety** |

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| **Self-awareness** | **Self-care** |
| **Self-development** | **Self-control** |
| **Sensuality** | **Sexuality** |
| **Spirituality** | **Skilfulness** |
| **Supportiveness** | **Trust** |